

Initial Direction Questionnaire

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Agenda

1. Review the Spectrum of Alternative recovery programs
2. History and Development of IDQ
3. Explore potential applications
4. Additional research options

- Review the Spectrum (handout)
- The Recovery Resource Center Inc.
(handout)
www.rrci.net
- Assessments

Recovery Resource Center, Inc.

Choice: as to recovery orientation



WFS ↔ LSR ↔ SMART ↔ RR

- Review the Spectrum (handout)
- The Recovery Resource Center Inc.
- Assessments
 - Pending publication December 2007, The Initial Direction Questionnaire, Counselor Magazine
 - April 2005 Counselor Magazine Article "Bridging the Gap"
 - State/Funding requirements
 - Supplement to level of care assessments

Level
of
care

Recovery Orientation

"THE SPECTRUM"



DSM IV

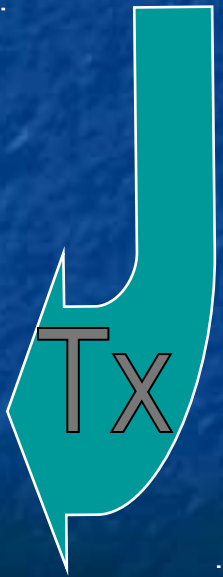
ASAM

ASI

IDQ

"THE SPECTRUM"

AA ↔ WFS ↔ LSR ↔ SMART ↔ RR



93% of all inpatient and
outpatient treatment
programs are based on the
12 Steps
83% hold AA meetings on site

(University of
Georgia 1997)

"THE SPECTRUM"

AA ↔ WFS ↔ LSR ↔ SMART ↔ RR

**An inclusive, diversified recovery
system**



History of IDQ

1. RRCI's recovery orientation
2. Requested 10 statements that best reflect the beliefs of that orientation
3. Responses: no outside activities to 10 statements
4. List of 33 questions and scoring sheet
5. Created the study with UC and CVAMC

Results

- 102 samples from test-retest format
- Both inpatient and outpatient SA tx
- Mostly men
- Reliable Instrument
- 23 Statements with assisted or self scoring
(handout)

Applications

- Add to mandated assessments
- Review with clients
- Acknowledge developer and owner
 - John Salter

Research Options

- Validity study needed
- Treatment settings: Inpatient and Outpatient needed
- Group Treatment or Individual
- Funding for “matching” and “client centered”

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